Hemet & San Jacinto Faith Based Resource Directory

4th Edition - August 2024



"Bear one another's burdens, and so fulfill the law of Christ."

Galatians 6:2

Table of Contents

Faith Based Organizations A-Z	Pages 3-6
Recovery-Rehabilitation Centers	Pages 7-8
Shelters	Page 8
Community Resource Organizations A-Z	Pages 9-11
Resources Provided by Local Churches	
12 Step Recovery Programs	Page 12
Divorce Care	Page 12
Food Banks, Meals & Clothing	
Grief Support	Page 13
Grief Support Resources	Page 14
Mental Health Ministry Resources for Churches	Pages 15-16
Mental Health Resources for Children and Teens	Page 17
Christian Counseling Resources	Page 18
Christian Schools & Homeschool Support Group	Pages 19-20
Awana Clubs	Page 20
Missionettes & Royal Rangers Clubs	Page 20



LOOK FOR THE HAND IN HEART SYMBOL THROUGHOUT THE DIRECTORY FOR VOLUNTEER OPPORTUNITIES

The Hemet and San Jacinto Faith Based Resource Directory is published and distributed by:



www.lilgaryslegacy.org

PO Box 1744 Hemet, CA 92546

Please send corrections or additions of any faith-based ministry serving the Hemet/San Jacinto area to:

lilgaryslegacy@gmail.com

FAITH BASED ORGANIZATIONS SERVING HEMET & SAN JACINTO



All Good Things Ministry

Our mission, to pray for those called to Kingdom minded work, and empower ALL GOOD THINGS as the fruit of that faith. - 2 Thessalonians 1:11

All Good Things Ministry is an outreach organization servicing the southwest riverside county communities. Our vision is to connect the individual with needs to the available community resource, reconnecting that individual back into healthy relationships, support, care, and community.

www.allgoodthingsministry.com

Contact: www.facebook.com/allgoodthingsministry or on Instagram & Twitter

COMMUNITY SERVICE OUTREACH

- Adopt A Block
- Furniture Donations for Families in Need



Birth Choice - No-Cost Resources:

- Pregnancy Testing & Abortion Pill Reversal.
- Limited Obstetric Ultrasound- First Trimester (Upon Approval)
- Confidential, Caring Discussion with a Client Advocate
- Choices Education
- Referrals to Helpful Resources
- Maternity Home Information
- Material Assistance Boutique
- Post Abortion Help & Support

www.birthchoicecenters.org

Hemet Location:

3989 W Stetson Ave Suite 200 Hemet, CA 92545 (951) 766-6100

Temecula Location:

41750 Winchester Rd. Suite O Temecula, CA 92590 (951) 296-3441



Calicinto Ranch is a Non-Profit Organization located in San Jacinto. There are over 70,000 children in Southern California who have at least one parent incarcerated. Statistics show us 7 out of 10 of these children follow their parent's path into prison. Calicinto Ranch-Boys & Girls of Incarceration Rescue Foundation is reaching out to provide a different way of life for these children-the forgotten victims of crime. Our hope is to give children a life-changing experience! For more information, please visit our website.

www.calicintoranch.org

PO Box 1225, San Jacinto, CA 92581 (951) 654-6838





www.careportal.org

CarePortal - is a technology connecting platform that brings the needs of hurting children and families in your community to your attention.

Caseworkers uncover the needs. CarePortal makes local churches and community members aware, giving them a real-time opportunity to respond. Every child deserves to be cared for in a loving, family environment.

Savannah Blair, Regional Manager | Riverside County savannah.blair@careportal.org - (951) 315-7119



El Roi Foster Ministries - A nonprofit organization that meets the needs of children affected by Foster Care in Riverside County.

Founder - Savannah Blair (951) 315-7119

www.facebook.com/elroifostercloset



Community Outreach Ministry's Mission is helping to break the cycle of incarceration in children of incarcerated parents and is empowering at-risk kids to possess a winning attitude and champion spirit.

COM raises scholarships for children of incarcerated parents to escape the road of criminal behavior and self-destruction. COM offers at-risk and needy children scholarships to engage in camping and mentoring and the annual Angel Tree Christmas party. COM thrives on empowering kids with a second chance to be winners and champions.

23905 Clinton Keith, Suite 114 #116 Wildomar, CA 92595 Phone: (951) 231-5515

info@communityoutreachministry.org

www.communityoutreachministry.org



Contact Irene Capen FIM Manager 3752 Elizabeth St, Ste D2 Riverside, CA 92506 (951) 228-5553

email: faithinmotion@fosterall.org

www.faithinmotionrivco.org

A Collaborative of Faith Communities Serving Children and Families

Imagine being able to make a difference in the lives of children and families who desperately need support. By joining over 100 faith communities in collaboration with the Riverside County Department of Social Services, you can do just that. Your congregation can help struggling families find security, bring hope to every child in foster care, and support the selfless parents who have opened their homes and hearts to give these children a brighter future. Make a positive impact in your community today by joining our efforts.

Monthly meetings are held the 3rd Thursday of each month @ 9:30 AM - 10:30 AM



GriefShare is a network of thousands of grief recovery support groups meeting around the world. GriefShare is a program with direction and purpose. With GriefShare you will learn how to walk the journey of grief and be supported on the way. It is a place where hurting people find healing and hope.

See local Churches offering GriefShare on page 14 or www.griefshare.org to find a group with zip code.



lil' Gary's Legacy is dedicated to the memory of our son lil' Gary and our daughter Tiffany Dawn. Our website and Facebook page focus on suicide prevention and resources for families that have experienced this type of loss. We also provide information and referrals to organizations that work with mentally ill individuals and their families. Our goal is to reach out in loving memory and offer hope and encouragement by sharing our story.

Gary and Kathryn Ross

www.lilgaryslegacy.org

PO Box 1744 Hemet, CA 92546 <u>lilgaryslegacy@gmail.com</u> **Upstream Prevention Project**-Upstream, someone falls through a hole in an old bridge and splashes into the river below. That's it! If someone doesn't post warning signs or repair the bridge, more people will fall in. Heading upstream with a toolbox, it's clear: fixing this bridge will help keep people safe today and for years to come. Catch them before they fall in. So, we are working upstream with at risk youth through our donated library and kids' reading program. We truly believe this is a way to reach them before they fall into destructive behaviors that can cause mental health issues that can lead to suicide.



My City Youth Center is an incorporated 501 (c) (3) non-profit organization located in the city of Hemet, California, which provides a safe place for at-risk youth ages 8 to 18 to gather. We offer free programs including art, guitar lessons, dance instruction, gymnastics, an outdoor skate park, a recreation room, computer programming, tutoring, and after school homework help. In addition to these programs, a Tech & Trade program is currently being developed that will address the job training and employment needs of at-risk youth, ages 16-28.

www.mycityyouthcenter.com 145 N Tahquitz Ave. Hemet CA. 92543 MAILING ADDRESS: PO Box 28, Hemet, CA 92546 (951) 652-0647 mycityyouthcenter@gmail.com



MOMMY SHOPPE

The Mommy Shoppe is a fully stocked store that we provide for teen parents to shop for their child. "Mommy Bucks" are the only currency used to make purchases in the Mommy Shoppe. These bucks are earned through participation in Young Parent activities (listed above), and through school attendance, employment, wellness checkups for baby, immunizations, reading to their child and more. The Mommy Shoppe offers baby supplies, such as activity or play centers, bassinets, bibs, blankets, bouncy seats, carriers, car seats, changing tables, clothes (new and gently used), cribs, diaper bags, diapers, wipes, formula, highchairs, shoes, socks, jackets, gloves, strollers, swings and more.

YOUNG PARENT PROGRAM

The Young Parent Program provides at-risk and low-income teen parents with counseling, parenting classes and guidance in completing high school, continuing to college, finding jobs, and becoming successful parents. There are field trips, weekly trips to the park, quarterly fun activities, and an on-site play area where moms and their little ones can gather each week.

FEEDING THE COMMUNITY - Weekly Food Drive

- Drive Thru TUESDAYS 8:00 am until food is gone.
- Open to anyone in need.
- Register for food only on Mondays 10:00 am 11:00 am
 Bring proof of address, income and photo identification.

MY CITY CAFE

Tuesday Mornings 8:00 AM – 10:00 AM Join us for coffee, donuts & good conversation on the patio.

PRAYER HOTLINE: To Call or text (951) 390-0328

MY CITY YOUTH CENTER FAMILY RESOURCE LIBRARY

Open Monday-Friday, 9 am-5 pm

The library has great books and DVD's that address issues families are facing.

- Bullying Substance Abuse and Addiction Mental Health
- Marriage Parenting Single Parenting Media Culture Dating
 - Grief Christian Living and Novels.

Join My City Youth

"KIDS TAKE THE LEAD"

READING CLUB

Call Office for Days and Times.

(951) 652-0647



Read Good Christian Books! Earn City Bucks! Make New Friends! Light Up Wristband When You Join!

- Kids Ages 8 & Up -



Contact Church to Volunteer

Prince of Peace Lutheran Church 701 N Sanderson Ave

Hemet, CA 92545 (951) 925-6121 **Lutheran Braille Workers** - provide the message of salvation, through faith in Jesus Christ to the blind and visually impaired throughout the world

They make Braille and large print NIV Bibles and other Christian materials and give them away free to the blind and vision impaired. We have a group of volunteers that work on the production of the books. Anyone is welcome to join us. Volunteers do not have to read Braille to help make the books.



St John's Lutheran Church 26410 Columbia St, Hemet, CA 92544

(951) 925-7756



The Salvation Army – is an evangelical part of the universal Christian Church. Our message is based on the Bible, our ministry is motivated by the love of God, and our mission is to preach the gospel of Jesus Christ as we meet human needs in His name without discrimination. Every program we offer is rooted in our passion to serve God by serving the lost, the vulnerable, the needy, the poor, the hurting, the helpless, and the hopeless.

www.hemet.salvationarmy.org

340 S Palm Ave Hemet, CA 92545 951-791-9495 **Food Pantry** – Monday, Wed. & Friday @ 12 PM Pre-register anytime. Takes up to 30 minutes



Valley Community Pantry — Our primary mission is to provide emergency food and shelter to local residents in need. We assist families in low-income brackets as well as those on a fixed-income or those who are unemployed or underemployed. Each year we provide services to thousands of families, veterans, seniors, single mothers and homeless individuals and families in the valley and surrounding areas.

www.vcpcares.org

Donors

Monday – Friday 8:00am to 1:00pm

Food Distribution - Must Arrive by 11:30am

Monday – Wednesday & Friday 9:30am to 12:00pm 191 So. Columbia Street, Hemet, CA 92544 (951) 929-1101



RECOVERY-REHABILITATION CENTERS



Celebrate Recovery is a Christ-centered, 12 step recovery program for anyone struggling with hurt, pain or addiction of any kind. Celebrate Recovery is a safe place to find community and freedom from the issues that are controlling your life.

See local Churches offering Celebrate Recovery on Page 12 or go to www.locator.crgroups.info



House of Luke Ministries is a men's discipleship training home in Hemet, CA helping men reclaim their lives from the world and to learn to live for Christ.

"Those who belong to Christ Jesus, have crucified the flesh with its passions and desires." Galatians 5:24

www.houseoflukeministries.jigsy.com

43621 Palm Ave, Hemet, CA 92544 BY APPOINTMENT ONLY - Thank You (951) 927-7316

Email: Houseoflukeministries@Verizon.Net



"NOW THE LORD IS THE SPIRIT, AND WHERE THE SPIRIT OF THE LORD IS THERE IS LIBERTY." 2 CORINTHIANS 3:17

www.libertyranch.org

45720 E Florida Ave., Hemet CA, 92544

Office: (951) 292-1502, Director: (951) 642-0650

Liberty Restoration Ministry is an international Christian ministry with three locations in the US and Mexico. We are a privately funded, 501C3 non-profit, live-in residential recovery program. Our primary focus is on helping men and women grow in Christ through daily study, biblical counseling and life skills training.

Our main facility is in Hemet California where we were established in 2007 and utilize our 2.5-acre property with housing and services for up to 20 men. We have since served thousands of men and women and witnessed the salvation, restoration and transformation of countless lives by the grace of our Lord Jesus Christ.



www.theroseofsharon7.org (760) 618-1286 theroseofsharon7inc@gmail.com **The Rose of Sharon7** – Our mission is to provide the best intensive substance abuse treatment for all women seeking recovery.

The goal is to use current-innovative systems combined with experienced professionals that have a strong passion for helping others. Guiding Women to LOVE themselves and Hate the Disease of addiction.

Our program provides a cozy environment for the treatment of women battling substance dependence. Individual and personalized treatment planning. As well as assistance with aftercare and transition to sober living homes upon completion.



The Salvation Army Adult Rehabilitation Center is a faith-based work therapy program for those struggling with alcohol and substance abuse.

It is provided at NO COST to you. It is a 180-day residential work-therapy program providing spiritual, social, and emotional assistance.

The center serves Hemet and San Jacinto and is in Perris, CA. It is for men ages 21-65. **(951)** 940-5790



U-TURN FOR CHRIST is a Christian Discipleship all-encompassing re-entry ministry for men and women trapped in the deceptive, never-ending cycle of addiction.

The U-Turn Ranch provides residents with the opportunity to give back to a community that was once ambivalent towards them.

www.uturnforchrist.com

20170 Patterson Avenue Perris, CA, 92570 951-943-7097 info@uturnforchrist.com

SHELTERS



Path of Life Ministries serves all of Riverside County.

Programs Include:

- Community Shelter
- Family Shelter
- Cold Weather Shelter

- Rapid Rehousing for Families
- Rent Assistance
- Work Force

- Career Development
- Permanent Supportive Housing

www.thepathoflife.com

1240 Palmyrta Ave #A, Riverside, CA 92507 (951) 786-9048 Call (951) 462-9822 for shelter bed availability.



Valley Restart - is a shelter and resource center for families, single women, Seniors, and Veterans experiencing homelessness located in the Hemet/San Jacinto Valley and surrounding communities. Founded in 1989 as a 501c3 not for profit agency, Valley Restart is supported by a collaboration of the public, private and religious sectors.

www.valleyrestartshelter.org

The Shelter is located at:

200 E. Menlo Ave., Hemet, CA 92543 (951) 766-7476



Applications for Shelter or to Volunteer – Monday-Friday 9 AM –12 PM

COMMUNITY RESOURCE ORGANIZATIONS



Inland Empire and Desert Cities Chapter

The grassroots work we do focuses on eliminating the loss of life from suicide by:

- delivering innovative prevention programs
- educating the public about risk factors and warning signs
- raising funds for suicide research and programs
- reaching out to those individuals who have lost someone to suicide.

afsp.org/chapter/afsp-inland-empire-and-desert-cities

Beth Cole
Area Director
AFSP Inland Empire & Desert Cities
(657) 554-2371
bcole@afsp.org

As a part of AFSP's growing nationwide network of chapters, we bring together people from all backgrounds who want to prevent suicide in our communities. Families and friends who have lost someone to suicide, vulnerable individuals, mental health professionals, clergy, educators, students, community/business leaders, and many others energize our chapter.



ConnectlE is a free, easy-to-use database of health and community resources with closed loop bi-directional referral capabilities. ConnectlE is a tool for agencies to manage client relationships and a system for healthcare providers to facilitate cross-sector sharing of information to streamline and improve outcomes for people needing assistance. It's also a place where people can "opt in" to participate in a network for accessing resources.

www.connectie.org



The **It's Up to Us** campaign is designed to empower residents of Riverside County to talk openly about mental illness, recognize symptoms, utilize local resources and seek help.

By raising awareness and providing access to local resources, we aim to inspire wellness, reduce stigma and prevent suicide. Recovery is possible and help is available. It's Up to Us to make a difference in the lives of those experiencing mental health challenges by offering support and providing opportunities. **HELPline (951) 686-HELP (4357)**

www.up2riverside.org



Million Kids - is dedicated to combating human trafficking, sex trafficking, child pornography and exploitation through education, training, prevention and supportive services.

www.millionkids.org

PO Box 7295 Riverside CA 92513 (951) 323-0298 info@millionkids.org





NAMI Mt San Jacinto - is a grassroots organization of families and individuals whose lives have been affected by serious mental illness.

www.namimtsanjacinto.org

Mailing address:

PO Box 716, San Jacinto, CA 92581 Phone: (951) 765-1850 (not a crisis line) namihemet@gmail.com We advocate for lives of quality and respect, without discrimination and stigma, for all our constituents. We provide leadership in advocacy, legislation, policy development, education and support throughout the Hemet, San Jacinto Valley, Mid County Region in Riverside County and the Inland Empire.

Crisis and Important Phone Numbers

Helpline, Crisis Intervention and Suicide Prevention – (951) 686-HELP/4357

National Suicide Crisis Line & Veterans Crisis Line – (800) 273-8255 or **988** TTY – (800) 799-4889)

National Help Line - 211 - This number links you with a referral service for Riverside County for services.

Other Important Numbers

Adult Protective Services: (800) 491-7123 After Hours: (800) 331-6742

Child Protective Services: (800) 442-4918 Crisis Text Line: Text to 741 741 when in crisis 24/7

Mental Health Access Line- CARES Line includes Substance Abuse: (800) 499-3008-24-Hour Detox Referral and counselor are available to refer to residential facilities and treatment.

Riverside County Dept. of Mental Health: Main Office Administration (951) 358-4501 Emergency Treatment Services (ETS) and Inpatient Treatment Facility (ITF) Riverside University Health System Arlington Campus 9990 County Farm Road, Riverside -(951) 358-4700. This number is for both facilities

Detention Services: Please advise their department if someone is incarcerated and needs psychiatric services and medication Contact SW Detention Mental Health Services Supervisor #: (951) 696-3117 or Staff: (951) 696-3112

Mid-County Region: County Mental Health Clinics

Hemet Clinic (951) 791-3300	Perris Clinic (951) 443-2200
Mt. San Jacinto Children's (951) 487-2674	Mature Adults San Jacinto (951) 791-3596
Temecula Clinic (951) 600-6355	

Public Guardian's Office – (951) 341-6440

Patient Rights Advocate - Services represent a client's interests as defined by the client, as long as those interests are within the bounds of the law and achievable with the resources of the advocate.

(951) 358-4600 (collect calls accepted) or (800) 350-0519

Family Advocate - Provides information to family members with Riverside County Behavioral Health (800) 330-4522 **Parent Support and Training**-Work with professional staff to assist in the treatment for children entering the mental health system. (951) 358-5862.

Housing Resources: Home Connect Riverside County – (800) 498-8847

RI Riverside Crisis Stabilization Unit: (951) 509-2499

Take My Hand Peer Chat: Resources and Live Peer Chat www.takemyhand.com

Telecare Mental Health Urgent Care Mid County Region - 85 Ramona Expressway Perris (951) 349-4195

Other website resources:

www.up2riverside.org www.connectie.org www.thetrevorproject.org www.afsp.org www.psychiatry.org www.jedfoundation.org www.nimh.nih.gov www.smiadviser.org www.samhsa.gov www.treatmentadvocacycenter.org www.nami.org/Videos/NAMI-Basics-OnDemand www.pacesconnection.com/g/riverside-resilience



An estimated 1 in 6 people are born with a developmental disability. Just like all of us, they are born with hopes, dreams, and the drive to contribute to society.

Since 1981, **Toward Maximum Independence** (TMI) has transformed thousands of lives by providing assistance to children and adults with intellectual and developmental disabilities (IDD), giving them the ability to realize their hopes and dreams. At TMI we are advocates for the belief that disability does not mean inability. Independence and self-responsibility are fostered by respect for the individual's autonomy and by empowering the individual to make informed decisions. It is important that everyone should have the opportunity to reach their full potential with opportunities to perform functional and meaningful activities or work with support, if needed, to promote success.

www.tmi-inc.org/temecula-office

41707 Winchester Rd., Suite 206 Temecula, CA 92590 (951) 296-2090 Melissa Rapoza
Associate Director,
IW/CITP/CIS/TDS
(951) 296-2090, Ext_409
melissa.rapoza@tmi-inc.org

Cell: (619) 921-3435



OUR MISSION

U.S. VETS - is on a mission to end veteran homelessness in the United States. "The streets" are simply no place for veterans; no place for the many men and women who volunteered, giving of themselves and their youth, to protect our great freedoms.

We believe all veterans deserve every opportunity to live with dignity and independence. It is our duty at U.S.VETS to deliver on our promise to always serve those who've served.

www.usvets.org/locations/inland-empire

15305 6th Street March Air Reserve Base, CA 92518 (951) 877-3993

Volunteer Opportunities www.usvets.org/take-action/volunteer



OUR VISION

Our vision is that all veterans and their families shall have their needs met to regain and maintain productive independence.

OUR CORE VALUES

- **Instill Hope** We believe that people are defined by their potential. We create an environment that cultivates a positive expectation of the future.
- **Embody Loyalty** We are united in our values and our integrity, with an unwavering commitment to our mission and to our team. We honor the legacy of our history and vision of our future.
- **Prioritize Partnerships** We hold the relationships and connections that we build with others paramount. Above all else, our responsibility is to promote healthy partnerships that include multiple perspectives.
- **Pursue Excellence** We are committed to achieving the highest standards in performance, quality of work, and stewardship of relationships with stakeholders, to include our team and clients.



RESOURCES PROVIDED BY LOCAL CHURCHES

LISTED BY TYPE OF RESOURCE



12 STEP RECOVERY PROGRAMS

Calvary Chapel Hemet

26121 Hemet St, Hemet, CA 92544 (951) 927-6117

One Step to Jesus - Mondays 7 PM Fellowship Hall

Community Christian Church

41762 Stetson Ave, Hemet, CA 92544 (951) 929-2135

Celebrate Recovery – Tuesdays 7 PM

Hope in the Valley Baptist Church

1480 N Kirby St, Hemet, CA 92545 (951) 487-8830

Celebrate Recovery - Fridays 6:30 PM Room 124

Rooted Church

32665 Haddock St., Winchester, CA 92596 Mailing Address: 300 W. 1st St., San Jacinto, CA 92583 (951) 654-0886

Celebrate Recovery - Saturdays 5pm

San Jacinto Assembly of God Church

300 W. First St, San Jacinto, CA 92583 (951) 654-0886

Celebrate Recovery – Mondays 6:30 PM



DIVORCE CARE

Hope in the Valley Baptist Church

1480 N Kirby St, Hemet, CA 92545 (951) 487-8830

Divorce Care – Tuesdays 6:30 PM Church Library #331





FOOD BANKS MEALS & CLOTHING



Church of Acts

2385 S San Jacinto Ave, San Jacinto, CA 92583 (951) 658-5098 Bread Basket Food Bank Open Monday, Wednesday & Friday 9-12 PM

To receive an emergency food box and sack lunch arrive before 11:45 AM
Bring Proof of Residency & ID

www.breadbaskethemet.com

SUPPORT THIS MINISTRY BY SHOPPING FOR GROCERIES AT THE STORE - *Please Bring Change*

God's Helping Hand Ministries

Clothing for those in need. 21366 Harvill Avenue Suite 4 Perris, CA 92570

Phone: (951) 291-8136

Perris, GHH Thrift Store Serves Hemet & San Jacinto

Hemet Assembly of God

200 S Harvard St, Hemet, CA 92543 (951) 658-5260

Food Bank – every other Friday 4:00 – 4:30 PM

Hemet United Methodist Church

530 S Buena Vista St, Hemet, CA 92543 (951) 658-4448

Hot Meal Provided by Carol's Kitchen Monday & Thursday 11:30 AM -1 PM

Holy Spirit Catholic Church

26340 Soboba St, Hemet, CA 92544 (951) 927-8544

Food Bank – Saturdays 9:30 – 10:30 AM

My City Youth Center

134 N Tahquitz Ave, Hemet, CA 92544 (951) 652-0647

Drive Thru Food – Tuesdays 8 AM Until Food is Gone Registration – Mondays 10 – 11 AM ONLY Bring proof of address and income with photo ID.

FOOD BANKS, MEALS AND CLOTHING CONTINUED.....

Our Lady of the Valley

780 S State St, Hemet, CA 92543 (951) 929-6131

Drive Thru Food – 4th Tuesday of the Month 9 – 10 AM

Salvation Army

340 S Palm Ave, Hemet, CA 92543 (951) 791-9497

Food Pantry – Monday, Wed. & Friday @ 12 PM Pre-register anytime. Takes up to 30 minutes

San Jacinto Assembly of God Church

157 S Ramona Blvd, San Jacinto, CA 92583 (951) 654-0886

Hot Meal Provided by Carol's Kitchen

Tuesday & Friday 11:30 AM -1 PM

San Jacinto United Methodist Church

210 S San Jacinto Ave, San Jacinto, CA 92583 (951) 654-2307

Food Pantry - Open every Thursday at 1:00pm Must come between 9 AM-12 PM to pick-up a ticket & return at 1 PM for a bag of groceries.

Enter Church parking lot from 2nd Street. Drive through for loading in trunk. Walk up is also available. Open to anyone in need. No ID is required.

Seventh Day Adventist-Community Service

27025 Girard St, Hemet, CA 92544 (951) 929-2632

hemetsda@gmail.com

Clothing - Tuesdays 9 - 11 AM

Food Drive Thru – Every Other Wednesday 9 – 11 AM



GRIEF SUPPORT

412 Church

1450 W 7th St, San Jacinto, CA 92582 (951) 654-1401

Grief Share – Contact Church for Schedule Pastor Thomas King (951) 292-3737

Bible Fellowship Church

26835 Columbia St. Hemet, CA 92544 Jennifer Valadez (951) 652-8558

Grief Share – Contact Church for Schedule

Calvary Chapel Hemet

26121 Hemet St, Hemet, CA 92544 (951) 927-6117 **Grief Share** – Contact Church for Schedule

Cornerstone Church

26089 Girard St, Hemet, CA 92544 **Grief Share** – Contact Cheryl Santello, 951-380-5585

Or Church Office (951) 658-7133 Ext 124

Hope in the Valley Baptist Church

1480 N Kirby St, Hemet, CA 92545 (951) 487-8830

Grief Share – Contact Church for Schedule \$20 Includes Workbook

Holy Spirit Catholic Church

26340 Soboba St, Hemet, CA 92544 (951) 927-8544

Bereavement Class - Wednesday 4:30 PM

San Jacinto Assembly of God Church

351 W. First St., San Jacinto, CA 92583 (951) 654-0886

Grief Share - Contact Care Ministries -(951) 654-8900

The Well

2700 W Johnston Ave, Hemet, CA 92545 (951) 927-6868

Grief Share – Contact Church for Schedule \$20 Includes Workbook

Hemet Valley Christian Church

400 S State St Unit F, Hemet, CA 92543 (951) 925-7212

Grief Counseling – Contact Pastor Rick Puls (714) 394-7964

GRIEF SUPPORT RESOURCES HEMET VALLEY AND SURROUNDING AREAS



Grief Share is a network of thousands of grief recovery support groups meeting around the

world. GriefShare is a program with direction and purpose. With Grief Share you will learn how to walk the journey of grief and be supported on the way. It is a place where hurting people find healing and hope.

To find a Grief Share group near you go to www.griefshare.org search by zip code.



www.madd.org 877.ASK.MADD (877) 275-6233)

Grief Support Groups:

2nd Wednesday of the month

6pm - 730pm Location: Virtual (Teams Meeting)

Contact: Karen Glaspie

714-838-6199 ext.6691 Work Cell: 909-572-1049

karen.glaspie@madd.org

Survivor of Suicide Loss Support Group

Valley Christian Fellowship Church 29029 Murrieta Road Menifee/Sun City, California 92584

Group meets continuously on the 2nd and 4th Monday @ 7:00 - 8:30 pm. Please call before each and every meeting. Group is open which means that new members can join at any time. There is no cost to participate.

Contact: Kathy North-Ackenback (951) 679-2008

For a **National Directory of Survivors Support Groups** near you visit:

www.afsp.org/find-support



www.lilgaryslegacy.org

lilgaryslegacy@gmail.com





25220 Hancock Avenue Suite 100 Murrieta, CA 92562

(951) 658-9288

www.hemethospice.org

Hemet Hospice Volunteers, Inc.

Contact: Donna Mix 951-766-9629

890 W Stetson Ave Ste. A, Hemet, CA 92543

info@hemethospice.org

Adult Bereavement Program

This group meets once a week and is open to anyone grieving the recent death of a loved one. **Contact:** (951) 658-9288 for dates and times.

Walk 'n Talk Support Group

This is a group of men and women who share a common experience, the loss of a loved one, who are ready to take the next step in their grief journey while walking to enhance their quality of life.

This group meets at the Hemet Valley Mall 8:00 AM, Monday – Friday

Youth Bereavement Program - Tears Are Okay

We bring this program to the elementary, middle and high school schools in our valley. It is designed to address key components of grief in an ageappropriate manner.

If you believe your child would benefit from the group, please contact their school counselor or call us at 951-766-9629.



MENTAL HEALTH MINISTRY RESOURCES FOR CHURCHES - A-Z



Church and Mental Health - offers a healthy approach to mental health in the Church by providing resources and programs to help churches connect with members who are experiencing a mental health issue.

The website provides free resources for churches including The Church Assistance Program.

www.churchandmentalhealth.com/



www.freshhope.us

Fresh Hope - is a non-profit organization which is made up of an international network of Christian mental health peer to peer support groups. Churches and Ministries sponsor the groups, and the facilitators of the groups are certified by the international Fresh Hope office.

Fresh Hope groups are also online. Plus, Fresh Hope provides all kinds of free resources online: videos, podcasts, free e-books which empower those who have a mental health diagnosis along with their loved ones to live well in spite of the mental health challenge they face.



www.mentalhealthgracealliance.org

Grace Alliance - provides simple and innovative Christian mental health resources and programs for families and individuals experiencing mental health challenges and equips the Body of Christ with active community support and leadership tools.



www.hope4mentalhealth.

Hope for Mental Health Ministry - extends the radical friendship of Jesus by providing transforming love, support, and hope through the local church.

The heart of this ministry comes from three passages of Scripture:

- "I have called you friends, for everything that I learned from my Father I have made known to you" (John 15:15)
- "Serve one another in love" (Galatians 5:13b)
- * "May the God of hope fill you with all joy and peace as you trust in Him, so that you may overflow with hope by the power of the Holy Spirit." (Romans 15:13)

Hope for Mental Health Starter Kit-To help churches start a mental health ministry.



Hope Made Strong - is an organization dedicated to equipping leaders with the mental health resources needed to create resilient individuals and churches with knowledgeable and confident leadership.

www.hopemadestrong.org

Hope Made Strong offers online learning and in-person presentations that create conversations leading to hope, strength, and resilience in leadership. By equipping staff and volunteer leaders with practical, scripturally based strategies that align with proven results in the mental health industry, Hope Made Strong empowers the church to effectively reach and support those who struggle with mental health.



The Humanitarian Disaster Institute's (HDI) mission is to help the church prepare and care in a disaster-filled world. HDI is the first faith-based academic disaster research center in the country. (630) 752-7659



Spiritual First Aid - is the first disaster spiritual and emotional care intervention to have been built from the ground up using both biblical wisdom and evidence-informed psychological insights gained from years of scientific study.

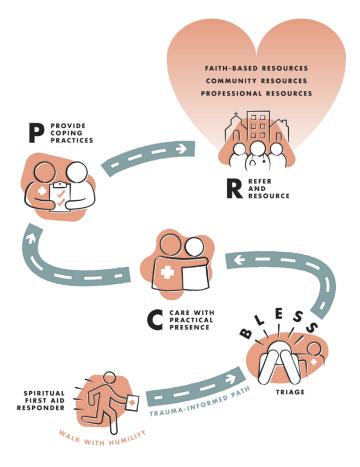
This manual from the Humanitarian Disaster Institute offers a step-bystep approach to learning and providing spiritual and emotional care for others. This manual will equip you to use Spiritual First Aid's easy- to-use

BLESS Method, which takes the "guesswork" out of providing disaster, spiritual, and emotional care remotely and while staying at home.

BLESS NEEDS

Gain a deeper understanding of the five core needs our research shows are most likely to cause spiritual and emotional distress when unmet. Each need is deeply interconnected and can impact faith. Our studies also show trauma commonly causes these needs to go unmet.





BLESS CPR

You'll learn how to prevent spiritual and emotional injuries from worsening, provide critical in-between care, and connect others with resources for long-term healing.



www.pathways2promise.org

Pathways to Promise- is a broadly faith-based resource that exists "to facilitate the faith community's work in reaching out to those with mental illnesses and their families."

They offer information and resources for congregations and their leaders, some of it geared specifically to Christian ministry.

MENTAL HEALTH RESOURCES FOR CHILDREN AND TEENS HEMET AND SAN JACINTO

VICTOR COMMUNITY SUPPORT SERVICES

www.ffa.victor.org/programs/mental-health-services

1105 E. Florida Avenue Hemet, CA 92543 (951) 439-2939, (951) 439-2940

MENTAL HEALTH SERVICES

Our goal is to ensure that the children and youth in our programs have every support they need to help them succeed. If it is needed, Victor Treatment Centers provides outpatient mental health services to children and youth. Our services include:

- Mental Health Assessment
- Psychological Assessment
- Individual and Family Therapy
- Medication Management and Support
- Targeted Case Management
- Rehabilitation Services
- Crisis Intervention
- Therapeutic Behavioral Services

Mt San Jacinto Children's Mental Health - Serving Families in San Jacinto only

950 Ramona Boulevard, Suite 1 & 2 San Jacinto, CA 92582 Phone: (951) 487-2674

www.rcdmh.org/ChildrenServices

Children's Mental Health Clinics provide services to children with severe emotional and behavioral problems. Services include psychiatric evaluations, medication services, individual and family therapy, and case management services. The staff works closely with schools to provide services to students who experience academic problems as a result of their severe emotional problems. Parent partners offer support and advocacy services to parents whose children are receiving services at the clinic.

Transition Age Youth Programs - Ages 18-25

www.rcdmh.org/children-services/tay

VICTOR COMMUNITY SUPPORT SERVICES - TAY PROGRAM

www.victor.org/services

555 North Perris Blvd., Building D Perris, CA 92571

Phone: (951) 436-5300

Serves Hemet and San Jacinto

Provides a coordinated and comprehensive array of services for clients who meet the focal population criteria and allow clients to selectively utilize services needed to maximize their individual potentials (Resiliency/Recovery

Model) and successfully transition into adulthood; services address all identified transition needs in the domains of employment, educational opportunities, living situations, community life, medication, mental health, physical well-being, drug and alcohol use, trauma, domestic violence, physical, emotional, and sexual abuse.

CHRISTIAN COUNSELING RESOURCES



Christian Therapist Network connects potential clients who are looking for a Christian Therapist who will respect their faith, worldview, and moral values, and who will integrate psychotherapy and the Word of God.

www.christiantherapistnetwork.com



Citrus Counseling Services - Our mission is to serve families and individuals in the Inland Empire through professional, compassionate and evidence-based mental health services which are rooted in community and faith.

101 East Redlands Blvd suite 215, Redlands, CA 92373 (909) 793-1078

www.ccs-cares.org



Focus on the Family is a global Christian ministry dedicated to helping families thrive. They provide help and resources for families based on biblical principles. To request a conversation with Focus on the Family's Counseling Department, call (855) 771-HELP (4357) weekdays from 6:00 a.m. to 8:00 p.m. (Mountain Time).

For more information or to fill out a counseling request form go to www.focusonthefamily.com/get-help/counseling-services-and-referrals

www.focusonthefamily.com

(800) 232-6459



New Hope Christian Counseling - We believe there is hope for change. Our goal at New Hope is to provide comfort, hope and healing in times of confusion and despair. We help bring individuals and families to a place of peace, hope and understanding. We at New Hope have joined together and committed ourselves to help individuals and families change in their time of need. We offer individual, couples, and family counseling for people of all ages and backgrounds.

www.newhopechristiancounseling.org

464 S. Palm St. Suite C Hemet, CA 92543 (951) 247-6542



CHRISTIAN SCHOOLS



Calvary Chapel Academy - Teaching Your Children for Future Success

We believe that small class sizes improve your child's learning experience. Every classroom on Calvary's campus is equipped with a well-prepared educator and an expansive curriculum, rooted in Christian values. Specifically, our elementary students are taught using the ABEKA curriculum, which is proven to help students immensely in grasping what's being taught. If you want to learn more about this amazing curriculum, feel free to contact us.

www.cchemet.org/calvary-chapel-academy/

26121 Hemet Street Hemet, CA 92544 (951) 927-4395 Contactcca@cchemet.com



www.community.cc/preschool

41762 E Stetson Ave, Hemet, CA 92544 Lisa Swenson-Director (951) 929-2135 lisa@community.cc **Community Christian Preschool -** has been an outreach ministry of Community Christian Church serving our valley since 1989.

We are a member school of the Association of Christian Schools International (ACSI). We offer quality, Christian Early Education to fully potty trained 3-year-olds through 6-year-olds. We offer a 3-year-olds program, Pre-Kindergarten, and Advanced Pre-K (Transitional Kindergarten).

Abeka is our faith-based curriculum focusing on foundational Christian perspectives, Bible stories and basic academic concepts. We use a variety of supplemental curriculum to reinforce the spiritual, social, emotional, academic and physical needs of each child. We welcome parent involvement in our Bug Keepers Parent group.



www.dpcskids.com

Pastor Susanne M. Ryan-Principal 27100 Girard Street, Hemet, CA 92544 (951) 599-9011 info@dpcskids.com **DP Christian School** - offers K4-12th grades. As a private Christian school, you are enrolling your student in an academic program, but also a Christian education.

We consider all our teachers not only academic teachers but ministers of the Gospel. In doing so, this gives freedom to our teachers to teach Biblical principals in their classes. Our goal is to provide students with the platform to grow in their academic education, along with their talents and gifting.



Prince of Peace Lutheran Preschool and Kindergarten - are an extension ministry of Prince of Peace Lutheran Church. We are committed to offering the very best in early Christian education. Our goal is to provide your children with the necessary skills to be successful and reach their potential in all areas of their development: spiritual, social/emotional, physical, cognitive and creative.

www.princeofpeacepreschool.com

701 N Sanderson Hemet, CA 92545 (951) 925-9798

Program Highlights

- Quality Christian preschool and kindergarten education for ages 2-6
- Programs that fit your needs: Open 6:30 a.m. 6:00 p.m.
- Choose between morning, afternoon and all-day sessions.
- A beautiful new & secure building with video monitored classrooms
- Kindergarten preparedness.
- An exceptionally caring and experienced staff.



St. John's School - is a Preschool thru 8th grade Christian school that has proudly served families in the Hemet/San Jacinto Valley since 1983. Our school serves the community by preparing students to be Godly leaders & confident scholars; guiding students in recognizing & nurturing their God-given talents; and fostering a faith community that points to the truth of Jesus Christ and His word. St. John's School offers a warm, safe, friendly environment that prepares our students for the rigors of high school and their lives beyond.

www.stjohnshemet.org/school.html

26410 Columbia Street, Hemet, CA 92544, (951) 925-7756 Nancy Bellamy & Stephanie Lynch, Directors, St. John's School

Christian Homeschool Support Group



Hemet Christian Homeschool Families - Hemet Christian Homeschool Families is a Christ-centered homeschool support group ministering to families that school their children at home. We are here to encourage you on this journey of homeschooling. We are a 501c3, non-profit, religious organization. Some of the benefits of HCHF membership are field trips, park days, bible studies, family potlucks, mom's night out & co-op classes.

www.homeschool-life.com/ca/hchm hemetchristianhomeschool@gmail.com



Hope in the Valley Baptist Church 1480 N Kirby, Hemet, CA 92545 (951) 487-8830 Wednesday 5:30 – 7:30 PM

First Baptist Church of San Jacinto 841 E Evans St, San Jacinto, CA 92583 (951) 765-7212 Wednesday 6:00 – 7:30 PM

Valley Evangelical Free Church 341 N Lake St, Hemet, CA 92544-1748 (951) 927-2182 Wednesday 6:00 – 8:00 PM





The Well

2700 W Johnston Ave Hemet, CA 92545 (951) 927-6868 Missionettes – Girls Royal Rangers-Boys Wednesdays 6:30 P