

What do I do in a critical situation?

IN A LIFE-THREATENING SITUATION:

CALL 911 OR GO TO THE NEAREST HOSPITAL WITH A PSYCHIATRIC WARD.

Suicide Crisis Line (Didi Hirsch): 1-877-727-4747

Trained counselors are from the Didi Hirsch Community Mental Health Center Suicide Prevention Center

Centralized Assessment Team: 1-866-830-6011 or 714-517-6353 C.A.T.

24/7 Service - This is a team designed to provide evaluations for involuntary hospitalizations (5150), assist police, fire and social service agencies in cases of psychiatric emergencies, provide linkage to appropriate services or provide information and referrals to family members or significant others for community resources.

C.A.T. will be assisted by the police / sheriff when called to a scene for safety purposes.

Evaluation and Treatment Service (ETS): 714-834-6900

24/7 Triage service - Information Specialists are available 24 hours a day, 7 days a week.

NEW-HOPE: 714-New Hope or 714-639-4673

Telephone counseling sponsored by the Crystal Cathedral Ministries in Garden Grove, CA.

Medi-Cal Access Line for OC Mental Health (24 hours) 1-800-723-8641

A Pacific Care Behavioral Health Company contractor to the OC Health Care Agency has an access line for Orange County Medi-Cal members seeking mental health services.

Survivors of Suicide (SOS) in Orange County

SOS is a support for suicide survivors that meets the 1st and 3rd Sundays of every month from 1:30 to 3:30 at the Shepard's Grove Church, Garden Grove, California 92840. The meetings are open and it is a place to share experiences with people that will just listen and that have shared the same loss. For more info ~~call~~ ^{contact} Terri Livingston, facilitator, at 714-539-1429 from 9am to 9pm but please note that this is not a hotline number.

LOS ANGELES COUNTY RESOURCES

Los Angeles County Dept. of Mental Health Access 1-800-854-7771

Nationwide Resources

1-800-Suicide (1-800-784-2433)

A national hotline number where calls will be answered by trained counselors who will give local referral numbers.

National Suicide Prevention Life: 1-800-273-TALK (8255)

National suicide prevention and intervention telephone resource funded by the Federal Government