



Family Support Group

NAMI OC Support Groups are for individuals 18 years and older who are family members or who care about someone with a mental illness. Meetings are held in a casual & confidential environment, where sharing & caring is the focus.

CLINICIAN LED SUPPORT

LAGUNA BEACH

Mission Hospital Laguna
31872 Coast Hwy.
Laguna Beach, CA 92651
(Main Building - Basement)
1st Wednesday 7-8:30 p.m.
Psychologist/Facilitator: Brian Licuanan, PhD
(714) 469-1418

ORANGE

UCI Medical Center
Neuropsychiatric Center
101 The City Dr. (Bldg 3 Room 302)
Orange, CA 92868
(Check in at front desk on 1st floor)
1st & 3rd Tuesday 6-7:30pm

WESTMINSTER

Orange County Mental Health
14140 Beach Blvd., Ste. #215
Westminster, CA 92683
Wednesdays 6-7:30 p.m.
Facilitator: Dat Dinh. MFT
(714) 896-7566

SPANISH LANGUAGE

ANAHEIM

Pacientes y familiares bienvenidos
Anaheim Independencia FRC
10841 Garza Ave.
Anaheim CA 92804
Cada Miercoles 5-7:30p.m.
Lider: Carmen (714) 597-3485

FAMILY LED SUPPORT

DANA POINT

Gloria Dei Lutheran Church
33501 Stonehill Dr. (Parish Hall)
Dana Point, CA 92629
2nd & 4th Wednesday 7-8:30 p.m.
Facilitators: Stephanie Ellman & Karen Blanco
kkb3955@yahoo.com

FULLERTON

First Evangelical Free Church
2904 N Brea Blvd.
Fullerton, CA 92835
(North Campus Room 160)
1st & 3rd Thursday 7:00-8:30pm
Facilitators: Chuck & Mary Joy
(714) 779-6650 Cell (714) 203-4808
Co-facilitators: Dietrich & Miriam Buss

FULLERTON

Morningside Presbyterian Church
1201 Dorothy Ln. (Rm. Parlor)
Fullerton, CA 92831
2nd & 4th Thursday 6:30-8 p.m.
Facilitator: Lee Ann Donaldson
(714) 870-8657

LAGUNA BEACH

Networks Church
Location: 303 Broadway,
Laguna Beach, CA 92651
2nd Tuesday at 7-8:30 p.m.
Facilitator: Betty Callaway
Contact to confirm location
(949) 293-9954
bettyjcallaway@gmail.com

NEWPORT BEACH

Hoag Center for Healthy Living
307 Placentia Ave. Rm. 105B
Newport Beach, CA 92663
1st and 3rd Monday 7-8 p.m.
Facilitators: Liz Buckelew & Steve McNally Contact: (714) 600-1499
Email: Lizsday@aol.com
stmcnally1@gmail.com

FAITH BASED SUPPORT

ANAHEIM

East West Community Church
(At Magnolia Baptist Church)
720 S. Magnolia Ave. (Conf. Rm.)
Anaheim, CA 92894
2nd & 4th Tuesday 7-8:30 p.m.
Facilitators: Wilfred & Neena
(714) 827-9356

CYPRESS

St. Irenaeus Church
5201 Evergreen (Classroom 7)
Cypress, CA 90630
1st & 3rd Wednesday 7-8:30 p.m.
Facilitators: JoAnne & Deacon Jerry Pyne (310) 756-4908

LAKE FOREST

Saddleback Church
1 Saddleback Pkwy.
Lake Forest, CA (Rm. Ministry Office #2)
2nd & 4th Monday 7-8 p.m.
Facilitator: Nan Ibarra
(949) 922-3425

SANTA ANA/TUSTIN

Trinity United Presbyterian Church
13922 Prospect Ave.
(Prospect & 17th)
Santa Ana, CA 92705
Sunday 6:30-8 p.m.
Facilitator: Lynn Boyce (714)313-6148
& Paul Constantine (714) 402-3220

IRVINE

Mariners Church
5001 Newport Coast Drive
Irvine, CA 92603
Ministry Building, 2nd Floor
2nd Thursday 6:30-8 p.m.
Facilitator: Elaine Huber
(949) 275 - 8527



OC Warmline and Resources:
(714) 991-6412

For More Info:
www.namioc.org

Administrative Office:
(714) 544-8488



Peer-led support groups are for any adult who is dealing with mental health issues. You will gain insight from hearing the challenges and successes of others, and the groups are led by NAMI-trained facilitators who've been there.

Peer-Led Support Group

Wellness Center West
11277 Garden Grove Blvd.
#101A
Garden Grove, CA 92840
Tues 1:00-2:30p.m.
Wed 10-11:30 a.m.
Minnie Lucas (657) 667-6455

Peer-Led Support Group

Wellness Center Central
401 S. Tustin St. #C
Orange, CA 92866
(714) 361-4860
Facilitators: Robert McLachlan
& Eric Greene

OC WARMLINE & RESOURCES
THE OC WARMLINE (714) 991-6412
HOURS 9 A.M. - 3 A.M. | MONDAY - FRIDAY
HOURS 10 A.M. - 3 A.M. | SATURDAY & SUNDAY

NAMI ORANGE COUNTY
ADMINISTRATIVE OFFICE (714) 544-8488
HOURS 9 A.M. - 5 P.M. | MONDAY - FRIDAY
www.namioc.org



Partially Funded by the OC Health Care Agency, Behavioral Health Services, Prevention and Intervention Division, MHA/ Prop. 63



DISCLAIMER-PLEASE READ Support Groups do not replace therapy, medical, psychiatric or psychological care. In no way are any of the discussions or materials presented meant to be a substitute for professional medical care or attention by a qualified practitioner or others, now should they be constructed as such. NAMI-OC does not endorse, nor appear to endorse support group discussions, derivatives of these discussion or any other material presented and it cannot be held liable for the content or use of any products, such as drugs that are incorporated within these support group discussions. Do not act or rely upon any of the resources or information available in or from these meetings or meeting derivatives. Seek the advice of physicians, healthcare providers or other experts in order to find the treatment or other services that will be the best for you.



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