



Orange County Grief Support Group Resources



Saddleback Church Suicide Loss Grief Support Group

There will be a time of encouragement and hope for those struggling after the loss of their loved one to suicide. Those who lose a loved one to suicide often feel alone in their grief. Our support group offers a safe place for survivors to come together and talk openly with others who have shared a similar experience. No matter where you are in your personal journey, you'll find understanding, encouragement and support to give you hope and healing.

The Group meets on the 1st & 3rd Tuesday of each Month

From 6:30-8:30 PM In The Green Room Area

Contact Rugena Duff at rugenad@saddleback.com 949-609-8232

<http://saddleback.com/care/supportgroup/Suicide-Loss-Grief-Support-Group>

Jeri Livingstone's Survivors of Suicide Support Group

Is a group of suicide survivors that meet the 1st and 3rd Sundays of every month from 1:30 to 3:30 at First Baptist Church of Garden Grove. **They meet in room 17.** The meetings are open and it is a place to share your experience with people that will just listen, people that share your same experience.

First Baptist Church
12761 Euclid ST
Garden Grove, CA

Contact: Jeri Livingstone at jandktoo@socal.rr.com 714-539-1429

www.survivorsofsuicide.us

Survivors of Suicide Men's Phone Support

Chris is a survivor of suicide who lost his son. He has a heart of compassion for other survivors and understands the dynamic of how men deal differently with grief than women. He was trained by The Link Counseling Center. <http://www.thelink.org> If you are experiencing difficulty in your grief please reach out to him for support.

Chris Johnson 714-814-6779



GriefShare - Grief Support Group for Survivors of Suicide Loss

Friends Church
5141 Lakeview Ave.
Yorba Linda, CA 92886

Meetings:

1st & 3rd Wednesdays of every month
7-9 PM Room 317

Contact: Annette Craig at annette@withhopefoundation.org 714-524-1996
<http://www.withhopefoundation.org/survivor-of-suicide-loss-support-group/>



Grief Share is a network of thousands of grief recovery support groups meeting around the world. GriefShare is a program with direction and purpose. With GriefShare you will learn how to walk the journey of grief and be supported on the way. It is a place where hurting people find healing and hope.

To find a group near you go to www.griefshare.org



Survivor Support Groups <http://www.didihirsch.org/survivors-after-suicide>

Orange County CA Meetings are held at Main Office: 2000 E 4th St #201, Santa Ana, CA 92705 714-547-0885

Contact: Jacquelyn Rivera, LCSW PPSC 714-547-8562 or JRivera@didihirsch.org

Los Angeles County CA Survivor Support Groups Contact: Rick Mogil 424-362-2912 or rmogil@didihirsch.org

Support Group for Suicide Attempt Survivors Call 714-547-0885

<http://www.didihirsch.org/survivors-of-suicide-attempt-support-group>



“Grief has no Expiration Date.”

Bereavement is the period of grief and mourning after a death. When you grieve, it's part of the normal process of reacting to a loss. You may experience grief as a mental, physical, social or emotional reaction. Mental reactions can include anger, guilt, anxiety, sadness and despair.

Pondo Vleisides, CEO COA, TLC Ministries, MA, MFT leads the Bereavement Group hosted by COA located at 1040 Calle Negocia, San Clemente. Contact for current schedule- 949-388-0114

www.communityoutreachalliance.com

For a national directory of survivors support groups near you, go to

<http://www.lilgaryllegacy.org/resources-grief-support/>