



lilgaryslegacy.org

Grief Support Group Resources Hemet Valley and Surrounding Areas

Survivor of Suicide Loss Support Group

Valley Christian Fellowship Church
29029 Murrieta Road
Menifee/Sun City, California 92584

Group meets continuously on the 2nd & 4th Monday @7:00-8:30 pm. Please call before each and every meeting. Group is open which means that new members can join at any time. There is no cost to participate.

Contact: Kathy North-Ackenback
951-679-2008

Mothers Living After Child Loss

Meets in Hemet the 2nd Saturday of each month

Contact: Sherrill Schoof
sherschoof@gmail.com 951-925-5487



Grief Share is a network of thousands of grief recovery support groups meeting around the world. GriefShare is a program with direction and purpose. With Grief Share you will learn how to walk the journey of grief and be supported on the way. It is a place where hurting people find healing and hope.

To find a Grief Share group near you go to www.griefshare.org search by zip code.

For a national directory of survivors support groups near you visit these two sites:

<https://afsp.org/find-support/>

<http://www.suicidology.org/suicide-survivors/sos-directory>

Survivor of Suicide Loss Temecula

Sunridge Community Church Campus
42299 Winchester Road
Temecula, California 92590

Group meets continuously on the 2nd & 4th Thursday @7:00-8:30 pm In room 105. Group is open which means that new members can join at any time.

There is no cost to participate.

Contact: John Gaskin
951-501-9280

jgaskins74@verizon.net

Church: 951-296-1870

www.Sunridgechurch.org

Hemet Hospice

Adult Bereavement Program

This group meets once a week and is open to anyone grieving the recent death of a loved one. Please contact our office at (951) 766-9629 for dates and times.

Location: 890 W. Stetson Ave., Ste. A, Hemet, CA

Walk 'n Talk Support Group

This is a group of men and women who share a common experience, the loss of a loved one, who are ready to take the next step in their grief journey while walking to enhance their quality of life.

**This group meets at the Hemet Valley Mall,
8:00 AM, Monday – Friday**