

**Family Led
Support**

FULLERTON

First Evangelical Free Church

2904 N Brea Blvd.,
Fullerton CA 92835

(No. Campus Room 160)

1st and 3rd Thursday 7:00-8:30pm

Facilitators: Mary and Chuck Joy
(714) 779-6650 or cell (714) 203-4808

FULLERTON

Morningside Presbyterian Church

1201 Dorothy Ln.
Fullerton, CA 92831

(Meeting Rm. Parlor)

2nd & 4th Thurs. 6:30-8:00pm

Facilitator: Lee Ann Donaldson
(714) 870-8657

LAGUNA BEACH

Networks Church

303 Broadway St. Ste. #107
Laguna Beach, CA 92651

2nd & 4th Tues. 7:00-8:30pm

Facilitator: Betty Callaway

SAN CLEMENTE

Sovereign Health

1211 Puerta del Sol

San Clemente, CA 92673

2nd & 4th Wed., 7:00-8:30pm

Facilitators: Karen Blanco & Stephanie
Ellman

DISCLAIMER – PLEASE READ

Support Groups do not replace therapy, medical, psychiatric or psychological care. In no way are any of the discussions or materials presented meant to be a substitute for professional medical care or attention by a qualified practitioner or others, nor should they be construed as such. NAMI-OC does not endorse, nor appear to endorse support group discussions, derivatives of these discussions or any other materials presented and it cannot be held liable for the content or use of any products, such as drugs that are incorporated within these support group discussions. Do not act or rely upon any of the resources or information available in or from these meetings or meeting derivatives. Seek the advice of physicians, healthcare providers or other experts in order to find the treatment or other services that will work the best for you.

**FAMILY ONLY SUPPORT
GROUPS**

**Clinician
Run Support**

WESTMINSTER

Orange County Mental Health

14140 Beach Blvd., Ste. # 215
Westminster, CA 92683

Wednesdays 6:00 - 7:30pm

Facilitator: Dat Dinh, MFT
(714) 896-7566

LAGUNA BEACH

Interactive Solutions -

Mission Hospital

31872 Coast Hwy,
Laguna Beach, CA 92651

(Main Building- Basement)

1st & 3rd Wed. 7:00-8:30pm

Psychologist/Facilitator: Brian
Licuanan, PhD (714) 469-1418

MISSION VIEJO

**Presbyterian Church of the
Master**

26051 Marguerite Pkwy
Mission Viejo, CA 92692

(Room 103)

2nd & 4th Monday, 5:00-6:30pm

Facilitator: Tonja Gaudette, MSW
(949) 485-1706

NEWPORT BEACH

St. Andrews Presbyterian Church

600 St. Andrews Rd.

Newport Beach, CA 92663

(Stuart Lounge)

1st & 3rd Sun. 6:30-8:00pm

Liaison: Jon Visel (949) 673-6747

Facilitator: Karen Natland, MSW-
(949)433-8852

ORANGE

UCI Medical Center

Neuropsychiatric Center

101 The City Dr.

Bldg. 3 Rm 302

Orange, CA 92868

(Check in at front desk on 1st floor)

1st & 3rd Tues. 6:00-7:30pm

Facilitator: Dr. Amanda Suzuki (714)
456-5770

For more information, visit our website
at www.namiooc.org

**Faith Based
Support**

ANAHEIM

East West Community Church

(at Magnolia Baptist Church)

720 S. Magnolia Ave.

Conference Rm

Anaheim, CA 92894

2nd & 4th Tues. 7:00-8:30 pm

Facilitators: Wilfred & Neena
Paltanwala (714) 827-9356

CYPRESS

St. Irenaeus Church

(Classroom 7)

5201 Evergreen

Cypress, CA 90630

1st & 3rd Wed. 7:00-8:30pm

Facilitators: Jo Anne & Deacon Jerry
Pyne 310-756-4908

LAKE FOREST

Saddleback Church

1 Saddleback Pkwy (Rm CM 216)

Lake Forest, CA

2nd & 4th Mon. 7:00-8:30pm

Facilitator: Nan Ibarra (949) 922-3425

SANTA ANA/TUSTIN

Trinity United Presbyterian Church

13922 Prospect Ave.

Santa Ana, CA 92705

(Corner of Prospect & 17th St.)

Sunday Evenings, 6:30-8:00

Facilitators: Lynn Boyce (714) 639-

3599, Paul & Donna

Constantine, Maureen Purdy

**Spanish
Language**

ANAHEIM

Pacientes y familiares bienvenidos

Anaheim Independencia FRC

10841 Garza Ave.

Anaheim, CA 92804

Cada Miércoles 5:30-7:45

Lider: Hortencia (714) 591-3363

CONSUMER SUPPORT GROUPS

"Consumer" is described as one who is dealing with mental health issues and wants to learn about and be supported in recovery of challenges associated with mental illness.

CONNECTIONS

Wellness Center Central

401 S. Tustin St. #C
Orange, CA 92866
Saturdays Only
2:00-3:30 pm
Contact: (714) 361-4860

CONNECTIONS is a NAMI signature program facilitated by a leader trained by Nami and in recovery with their own mental illness

CONNECTIONS

Wellness Center Lake Forest

23072 Lake Forest Dr.
Lake Forest, CA 92630
Tuesdays Only
12:00-1:30 pm
Contact: (949) 528-6822

CONNECTIONS

Wellness Center West

11277 Garden Grove Blvd. #101A
Garden Grove, CA 92840
Tuesday 1:30-3:00 pm
Wednesday 10:00-11:30 am
Contact (657) 667-6455

DBSA Depression & BiPolar Support Alliance

For more information call: (714) 744-8718 Mon. thru Fri. 12:00pm-4:00pm or visit website @ www.dbsaac.org

DBSA

Consumer Only

St. Joseph Hospital of Orange

1100 W. Stewart Dr.
Orange, Ca
Sister Elizabeth Bldg.
1st Floor-Conference Rm 1-4
Tuesday Eve. 7:00-9:00 pm
Sat. Mornings 10:00am-12:00 pm

St. Joseph Hospital of Orange **(Dual Diagnosis Group)**

1100 W. Stewart Dr.
Orange, Ca
Sister Elizabeth Bldg.
1st Floor-Conference Rm 1-4
Thursday Eve. 7:00-9:00 pm

St. Joseph Hospital of Orange **(Transitional Years:18-30)**

1100 W. Stewart Dr.
Orange, Ca
Sister Elizabeth Bldg.
1st Floor-Conference Rm 1-4
Tues Eve. 7:00-9:00 pm

DBSA

Consumer & Family

St. Jude Hospital

101 East Valencia Mesa Dr.
(Bastanchury/Harbor)
Erickson Education Center
3rd Floor-Room 3
Tues. Evenings 7:00-9:00 pm

Huntington Beach Hospital

17772 Beach Blvd. Huntington
Beach Ca
Basement Cafeteria Conference
Room
Sat. Morning 10:00 am-12:00 pm

Mission Hospital

31872 Pacific Coast Highway
Laguna Beach, Ca
Basement Auditorium
Thurs. Eve 7:00-9:00 pm

Long Beach Veterans Admin Medi-Center

5901 e. 7th St. Bldg. 128
2nd Floor, Room J-216
Long Beach, Ca 90822
Wed. Evenings 7:00-9:00 pm

DBSA

Family Support *(Meets Monthly)*

Huntington Beach Hospital

17772 Beach Blvd
Huntington Beach, Ca
Basement Cafeteria Conf Room
First Saturday of the month
1:00-3:00 pm

DBSA Faith Based Consumer **Support**

The Comfort Zone **(Consumer Only)**

301 Victoria St., 275 Medical
Building (next to College Hospital)
Costa Mesa, Ca
Conference Room B
Thurs. Evenings 7:00-8:00 pm
Facilitator: Janelle Killingsworth
(949) 274-3544